

Bachelor of Physical Education (B.P.ED) Degree Course
(Two Years)
Choice Based Credit System
REGULATIONS AND SYLLABUS
(For students admitted from 2018 – 2019&onwards)

1. Eligibility for Admission to the Course

A) (i) Bachelor's degree in any discipline with 50% marks and having at least participation in the Inter-college/Inter- Zonal / District/ School competition in sports and as recognized by the AIU/IOA/SGFI/Govt. of India.

Or

(ii) Bachelor's degree in Physical Education with 45% marks.

Or

(iii) Bachelor's degree in any discipline with 45% marks and studied physical education as compulsory/elective subject.

Or

(IV) Bachelor's degree with 45%marks and having participated in National/ Inter University. State competition or secured 1st, 2nd, or3rd position in Inter College. Inter- Zone /District/School competition in sports and games as recognized by the AIU/IOA/SGHI/Govt. of India.

(v) Bachelor's degree with participation in International competitions or secured 1st,2nd,3rd position in nation/Inter –University competitions in sport and games as recognized by respective federation/ IOA/SGHI/Govt. of India.

Or

(VI) Graduation with 45% marks and at least three years of teaching experience (for deputed in- service candidate i.e. trained physical education teachers/ coaches).

Note: A candidate shall be eligible for admission to the Bachelor of Physical Education degree course (B.P.ED) if he/she has received a degree in 10+2+3 pattern from a University recognized by Tamil Nadu Physical Education and Sports University.

A minimum inter school level participation in sports and games is compulsory.

b)The candidates should not have completed 30 years of age as in 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.

c) Ex- Servicemen/ Experienced Physical Education Teachers shall be given relaxation of 6 years of age.

d) The candidate should be medically fit and admission or to undergo the course. If violated, they will not be permitted to continue the course.

e) Pregnant women are not permitted either for admission or to undergo the course if violated, they will not be permitted to continue the course.

g). Admission shall be made on the basis of ranking for a total of 150 marks as detailed below:-

Sl. No	Particulars	Marks
1	Qualifying Examination	20 Marks
2	Participation in Games& Sports	25 marks
3	Games and Sports Skill test	50 marks
4	Track and Field Skill test	50 Marks
5	Bonus marks for possession of basic degree in Physical Education (B. Sc physical Education, Health Education and Sports or Bachelor of Physical Education (B.P.E) or Bachelor of Physical Education and sports (B.P.E.S) or Diploma in Physical Education (D.P.Ed)	05 Marks
	Total	150 Marks

Note

Marks obtained in Qualifying Degree shall be converted to a maximum of 20 marks. For example if a candidate secured 1800 marks out of 2400. His/Her marks for qualifying examinations is $[1800/2400] \times 20 = 15$ Marks.

Games and Sports Participation: (Maximum marks:25)

The norms for award of marks for the sports and games participation are furnished hereunder.

Any in which is applicable/ advantageous.

1. Representing the Country
2. Securing first two places in Nation/All India/Inter- University
3. Representing State/ University
4. Representing District/Division
5. Representing Colleges/ School

(Supporting certificates should be produced)

Games and Sports Skill Test: Maximum Marks:50

The candidate should choose any one of the games included in the All India Inter University (ALU) competitions.

Track and Field: Maximum Marks:50

Candidates will be tested in the following Track and Field events:-

- | | |
|---------------|------------|
| A) 100Mts. | -20Marks |
| B) Short- Put | - 15 Marks |
| C) Long Jump | - 15 Marks |

Note

The games skill test and Track and Field events will be conducted by three judges

2. Course of Study

- a. Duration of the Course – The duration of the course of study is two (02) academic years, consisting of four semesters. The total working days shall not be less than 200 days in an Academic years. Each semester consists of not less than 100 working days excluding examination.
- b. Each working day shall consist of four hours of Practical Work (Morning and Evening -2 hours for each session) and three hours of theory in between.
- c. Undergoing Intensive Practice Teaching in neighboring schools and attending the annual leadership training camp and village placement programme shall be compulsory for all the students.

d. The Course of shall consist of three parts Viz part I, part II, part III and Part IV as follows.

e. **Part I - Theory**

(Core, Discipline Specific Elective and Generic Elective)

Part II - Practicum

PART III - Internship

PART IV - Ability and Skill Enhancement Courses

(Ability Enhancement Compulsory Course Skill Enhancement Courses and Co-Curricular Courses)

Attendance

- 1) A student must have 90% attendance in theory and practical classes to appear for university examination.
- 2) A maximum of 10% of relaxation shall be permitted for the medical reasons. He/ she must produce a reliable Medical Certificate with prior permission and following the due procedures.
- 3) A candidate with 80% to 89% shall not be permitted to write the examination in the current semester. However, he/ she may be permitted to appear in the next semester by carry over provided he/she may be permitted to appear in the next semester by carry over provided he/she must compensate the attendance by attending additional classes.
- 4) A Candidate with 79% and below shall not be permitted to write the examination in the current semester. He /she should REDO the semester.

5. Continuous Internal Assessment for Part I- Theory Papers

a. Written Examination- 20 Marks

I. Continuous Internal assessment shall be graded by the concerned subject teachers. Three tests will be conducted for each paper.

II. Each test carries a maximum of 20 marks and the average of best two test shall be considered.

III. However, in the case of students who miss the tests for any valid reasons with prior permission from the Head of the Department / Principal of the College (Viz. Participating in Sports and Games competitions),

he/she may be granted special permission to write the tests before commencement of semester examination.

b. Assignment / Seminar – 5 Marks

The teachers shall give assignments to the students and 5 Mark are allotted for assignments. This may be of any accepted method such as Peer Group Teaching and Discussion Concept (PGTDC), Seminar, Project, Written materials, Record etc.

Method of Calculation

First Test: 20 marks. Second Test: 20 Marks. Third Test: 20 Marks.

Average of the best two tests = 20 Marks

Assignment = 05 Marks

Total =25 Marks

Pre-Semester / Model Examination (75 Marks)

- i. Pre-Semester /Model examination shall be held at the end of each semester before the final semester examination covering all the portions and 75 Marks are awarded for this examination.
- ii. Each paper carries 75 marks and this will be converted into 25 marks.
- iii. The Continuous Internal assessment marks plus Per semester /Model Examination divided by two shall be the **final internal mark for 25.**

**Master of Physical Education (M.P.Ed) Degree Course
(two Years)**

Choice Based Credit System

REGULATIONS AND REGULATIONS

(FOR STUDENTS admitted from 2018-2019 & Onwards)

1. Eligibility for Admission to the Course

a) **Bachelor** of Physical Education (B.P.Ed) or equivalent with at least 50% marks

Note

A candidate shall be eligible for admission to the Master of Physical Education degree course (M.P.Ed) if he/she has received a degree in 10+2+3 pattern from a University recognized by Tamil Nadu Physical Education and Sports University.

b) A minimum inter college level participation in sports and games is compulsory.

c) The candidates should not have completed 35 Years if age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.

D) Ex-Servicemen /Experienced Physical Education Teachers shall be given relaxation of 6 years of age.

e) The candidate should be medically fit and free from any deformity.

f) Pregnant women are not permitted either for admission or to undergo the course. If violated, they will not be permitted to continue the course.

g) Admission shall be made on the basis of ranking for a total of 150 marks as detailed below:-

1	Qualifying Examination	25 Marks
2	Sports and Games participation	25 Marks
3	Games and Sports Skill test	50 Marks

4	Written Test	35 Marks
5	Personal Interview	15 Marks
	Total	150Marks

Note

Marks obtained in qualifying Degree shall be converted to a maximum of 25 Marks. For example if a candidate secured 1800 marks out of 2400. His/ Her marks for qualifying examination is $[1800/2400] \times 25 = 18.75$ marks.

Sports and Games Participation

The norms for award of marks for the sports and games participation are furnished below:-

Any one which is applicable / advantageous

1. Representing the Country
2. Securing first two places in National/All India –University
3. Representing the State/ university.
4. Representing the District/ Division
5. Representing the college

(Supporting certificates should be produced)

Games and sports skill test

The candidates should choose any one of the following games and sports.

1. Basketball	5. Kabaddi
2. Cricket	6. Kho-Kho
3. Football	7. Tennis
4. Hockey	8. Volleyball
5. Handball	

The test will be conducted by three judges. Out of the three, one will be the Head of the Institution/ Head of the Department and one senior most Associate Professor from the College/ Department and one specialist in particular skill/ event will be appointed by the Head of the Institution/ Department.

2. Course of Study

- a. Duration of the Course – The duration of the course of study is two (02) academic years, consisting of four semesters. The total working days shall not be less than 200 days in an Academic years. Each semester consists of not less than 100 working days excluding examination.
- b. Each working day shall consist of four hours of Practical Work (Morning and Evening-2 hours for each session) and three hours of theory in between.
- c. Undergoing Internship, Internsive Practice Teaching/ Coaching in neighbouring schools/ college/ and village placement programme shall be compulsory for all the students.
- d. The Course of study shall consist of three parts Viz Part I, Part II, Part III and as given below.

Part I - Theory

(Core, Discipline Specific Elective and Generic Elective)

Part II - Practicum

Part III – Internship

Part IV- Ability and Skill Enhancement Courses

(Ability Enhancement Compulsory Courses, Skill Enhancement Courses and Co-Curricular Courses)

4.Attendance

1) A Student must have 90% attendance in theory and practical classes to appear for university examination.

2) A maximum of 10% of relaxation shall be permitted for the medical reasons. He/ she must produce a reliable Medical Certificate with prior permission and following the due procedures.

3) A candidate with 80% to 89% shall not be permitted to write the examination in the current semester. However he/ she may be permitted to appear in the next semester by carry over provided he/ she must compensate the attendance by attending additional classes.

4) A candidate with 79% and below shall not be permitted to write the examination in the current semester. He/she should **REDO the semester**.

5. Continuous Internal Assessment for Part I – Theory Papers

a. Written Examination – 20 Marks

I. Continuous Internal assessment shall be graded by the concerned subject teachers. Three tests will be conducted for each paper.

II. Each test carries a maximum of 20 marks and the average of best two tests shall be considered.

III. However, in the case of students who miss the tests for any valid reasons with prior permission from the Head of the Department / Principal of the college (Viz.. Participating in Sports and Games competitions), he /she may be granted special permission to write the tests before the commencement of semester examination.

b. Assignment / Seminar – 5Marks

The teachers shall give assignments to the students and 5 Marks are allotted for assignments. This may be of any accepted method such as Peer Group Teaching and Discussion Concept (**PGTDC**), Seminar, Project, Written materials, Record etc.

Method of Calculation:

First Test - 20 Marks

Second Test - 20 Marks

Third Test - 20 Marks.

Average of the best two tests = 20 Marks

Assignment = 05 Marks

Total =25 Marks.

Pre – Semester/ Model Examination(75 Marks)

- i. Pre- Semester/ Model examination shall be held at the end of each semester before the final semester examination covering all the portions and 75 marks are awarded for this examination.
- ii. Each paper carries 75 marks and this will be converted into 25 marks.

- iii. The Continuous Internal assessment marks plus Pre semester/ Model Examination divided by two shall be the **final internal Mark for 25.**

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 600127
BACHELOR OF PHYSICAL EDUCATION AND SPORTS (B.P.E.S)
(THREE YEARS)
REGULATIONS

1. Eligibility for Admission to the course

a. Applicants should have passed the +2 examination in 10 +2 pattern of the Government of Tamil Nadu or any other equivalent examination recognized by the Government of Tamil Nadu or approved by the Tamil Nadu Physical Education and Sports University.

b. School representation in any game or sport is mandatory for the applicants.

c. The candidates should not have completed 21 Years of age on 1 st july. However, relaxation of 3 years shall be given for SC/ST candidates.

d. He/She must be medically fit and free from any deformities students will undergo medical examination at the time of admission.

e. The married women should not be in family way during the course of study if it is violated, they will not be permitted to continue the course

f. Admission shall be made on the basis of ranking for a total of 150 marks as detailed below

1. Qualifying Examination	25 Marks
2. Participation in Games & Sports	25 Marks
3. Games skill test	50 Marks
4. Track and Field Skill test	50 Marks
a) 100 m - 20 marks	
b) Shot-put – 15 Marks	
c) Long Jump – 15 Marks	

Total

150 Marks

Note: Marks obtained in Qualifying Examination shall be converted to a maximum of 25 marks. For example if a candidate secured 800 marks out of 1200. His / Her Marks for qualifying examinations is $[800/1200] \times 25 = 16.67$ marks.

2 .Duration of the course

The course for the degree of Bachelor of Physical Education shall extend over a period of three academic years for six semesters. The total working days, for a semester shall not be less than 100 working days excluding examination days. The curriculum and syllabi for the course shall be as prescribed from time to time.

3. Attendance

- 1) A Student must have 80% attendance in theory and practical classes to appear for university examination.
- 2) A maximum of 10% of relaxation shall be permitted for the medical reasons following the due procedures.
- 3) In the cases, if a student attained less than 80% of attendance he/she should **REDO** the semester.

4. Continuous Assessment for Part I,II & III- Theory Papers.

a. Written Examination – 20 Marks:

- I. continuous assessment shall be graded by the concerned subject teachers. Three tests will be conducted for each paper.
- II. Each test carries a maximum of 20 marks and the average of best two tests shall be considered.
- III. However, in the case of students who miss the tests for any valid reasons with prior permission from the Head of the Department/ principal of the College (Viz. participating in sports and Games competitions), he/she may be granted special permission to write the tests before the commencement of semester examination.

b. assignment / Seminar – 3 Marks:

The teachers shall give assignments to the students and 3 marks are allotted for assignments. This may be of any accepted method such as Seminar, Project, Written materials, record etc

c. Attendance – 2 Marks:

Regularity in attending theory and Practical classes shall be graded as per the percentage of attendance.

Percentage of Attendance	Marks
96-100	2
91-95	1.5
86-90	1
81-85	0.5

Method of calculation:

First Test -20 Marks.

Second Test -20 marks.

Third Test -20 marks.

Average of the best two tests = 20 Marks.

Assignment = 03 Marks.

Attendance = 02 Marks.

Total = 25 Marks.

d. Pre- semester/ Model Examination (75 Marks)

i Pre- semester/ Model examination shall be held at the end of each semester before the final semester examination covering all the portions and 75Marks are awarded for this examination.

ii Each paper carries 75 marks and this will be converted into 25 marks.

iii The continuous assessment marks plus semester/ model Examination divided by two shall be the final internal marks for 25.

The teachers shall give assignments to the students and 5 Mark are allotted for assignments. This may be of any accepted method such as Peer Group Teaching and Discussion Concept (PGTDC), Seminar, Project, Written materials, Record etc.

Method of Calculation

First Test: 20 marks. Second Test: 20 Marks. Third Test: 20 Marks.

Average of the best two tests = 20 Marks

Assignment = 05 Marks

Total =25 Marks

Pre-Semester / Model Examination (75 Marks)

- i. Pre-Semester /Model examination shall be held at the end of each semester before the final semester examination covering all the portions and 75 Marks are awarded for this examination.
- ii. Each paper carries 75 marks and this will be converted into 25 marks.
- iii. The Continuous Internal assessment marks plus Per semester /Model Examination divided by two shall be the **final internal mark for 25.**

